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Public Health Recommendations for Fully Vaccinated People

The CDC updated its guidance for individuals who have been fully vaccinated for COVID-19. The CDC now recommends that fully vaccinated people comply with the following guidelines.

- Wear a mask in public indoor settings if they are in an area of substantial or high transmission. Arkansas is currently classified by the CDC as an area of high transmission.
- Fully vaccinated people might choose to mask regardless of the level of transmission, particularly if they or someone in their household is immunocompromised or at increased risk for severe disease, or if someone in their household is unvaccinated. People who are at increased risk for severe disease include older adults and those who have certain medical conditions, such as diabetes, overweight or obesity, and heart conditions.
- Get tested if experiencing COVID-19 symptoms.
- Get tested 3-5 days following a known exposure to someone with suspected or confirmed COVID-19 and wear a mask in public indoor settings for 14 days after exposure or until a negative test result.
- Isolate if they have tested positive for COVID-19 in the prior 10 days or are experiencing COVID-19 symptoms.
- Follow any applicable federal, state, local, tribal, or territorial laws, rules, and regulations.

Additionally, the CDC recommends universal indoor masking for all teachers, staff, students, and visitors to schools, regardless of vaccination status.

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